### BEHAVIORAL HEALTH CONSULTANTS, LLC

# Your Employee Assistance Program. Always there when you need it.

What affects the way you do your job? Just about anything. The job itself, stress, parenting problems, family concerns, relationships, depression, alcohol or drug problems. Just about anything.

That's why the Employee Assistance Program is here. We are here to help you and the members of your immediate family with problems that are affecting your work and your life. No matter what problems you may have EAP professionals understand and can help you to solve them.

Whenever you have a problem, our EAP counselor will work with you with professionalism and in complete confidence.

#### If you need help...

Just call anytime, 24 hours a day, 7 days a week to speak with a professional counselor. EAP services are free and confidential.

You or a family member can call our EAP directly and make an appointment.









Confidential, Convenient and Caring

Life at times can be challenging. Often, talking with a professional can help you find a solution.

See for yourself how much a little talk can help.

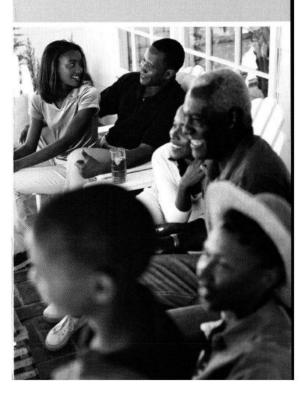
www.bhcservices.com

#### Who is eligible?

All employees and members of their immediate families are eligible to use the Employee Assistance Program.

#### What about the cost?

As an employee benefit, the costs of the EAP visits are fully covered by your employer. There is absolutely no cost to you. When a referral beyond the EAP is needed, we will help you to locate resources that are covered through your insurance program.





#### Work/Life Benefits

Personal Advantage Work/Life benefits is an online, interactive content portal that provides information in the form of assessments, videos, quizzes, articles, calculators, and more organized into major life areas like Health, Finance, Legal and Emotional Wellbeing. Personal Advantage can help you manage current and future life events.

Behavioral Health Consultants, LLC Employee Assistance Program

800-864-2742 203-407-1029

Another employee benefit provided by your company.

www.bhcservices.com



## If it concerns you, it concerns us...

Stress/Anxiety Marital Problems Family Problems Parenting Divorce Job Conflicts and Tensions Relationships Gambling Problems Family Illness Caring for your parents **Financial Worries** School Problems Depression **Eating Disorders** Substance Use or Abuse Legal Stresses or any other personal problem

Find out how much a little talk can help.

Behavioral Health Consultants Employee Assistance Program

203-407-1029 Or Toll Free: 800-864-2742

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